

**How to prepare for a CT exam**  
(NPO=Nothing by mouth)

*All Patients having procedures at IMI must have an order form or a prescription from their referring physician. Please arrive 15 minutes prior to your exam and wear loose fitting clothing. You may be asked to change into a gown if your clothing interferes with the exam or the images.*

Comfortable, loose clothing should be worn, although in some cases a patient will be asked to change into a hospital gown for the examination.

It is also important to remove any metal prior to the exam: jewelry, dentures, eyeglasses, belt buckles, and metal zippers and buttons can interfere with the images.

You may be asked to limit eating and drinking to clear liquids, such as water, black coffee and tea, and broth for several hours prior to the appointment for a CT scan. This request will be dependent upon the type of examination.

For many CT examinations, a contrast agent (a liquid that enhances imaging of certain organs or blood vessels) will be administered. Depending on the type of examination, the contrast may be given orally, intravenously, or both. Please inform the schedulers if you are allergic to shellfish, iodine or have had an allergic reaction to contrast in the past.

If you are having a contrast exam and you are over the age of 50 or have or have had kidney issues you will be required to have lab work to check the function of your kidneys before administration of IV contrast.

If the exam that you are having is not listed below or you have questions, please call 352-637-6100 option 2

<p><b>Abdomen:</b> NPO 2 hours before exam. Oral contrast will be administered at IMI</p>	<p><b>Pelvis or Abdomen and Pelvis:</b> NPO 2 hours before exam must pick up Redi-cat contrast 1 day before exam.</p>
<p><b>Brain with contrast:</b> NPO 2 hours before exam</p>	<p><b>Enterography:</b> Liquids only 4 hours prior to exam. No solid foods. Oral contrast will be administered at IMI 1 hour before exam</p>
<p><b>Brain without contrast:</b> No prep</p>	
<p><b>Chest with contrast:</b> NPO 2 hours before exam</p>	<p><b>Stone Study:</b> No prep</p>
<p><b>Calcium Score:</b> No Prep</p>	<p><b>Urogram:</b> NPO 2 hours prior</p>
<p><b>Coronary Artery:</b> No caffeine 12 hours prior, No solid foods 4 hours prior, Drink two 8 oz glasses of water 1-hour prior Take 100mg of Lopressor or Metroprolol supplied by IMI 1 hour prior to exam.</p>	<p><b>Sinus:</b> <b>Maxfacial without contrast:</b> <b>Lower extremity without contrast:</b> <b>Upper extremity without contrast:</b> No Prep</p>