

***How to Prepare for a Nuclear Medicine Procedure:
(NPO=nothing by mouth)***

All Patients having procedures at IMI must have an order form or a prescription from their referring physician. Please arrive 15 minutes prior to your exam and wear loose fitting clothing. You may be asked to change into a gown if your clothing interferes with the exam or the images.

Please inform the schedulers or upon confirmation any physical limitations you may have.

If the exam you are having is not listed or you have questions, please call 352-637-6100 option 2

<p>Bone Scan:</p> <p>This exam is a 2-part exam which includes a morning injection and return for exam 3 to 4 hours later.</p> <p>Hydrate well prior to exam, drink at least 2 cups of water.</p> <p>No Food Restrictions</p>	<p>3 Phase or Triphasic Bone Scan:</p> <p>Same prep as Bone scan except scanning will start in the morning after the injection and return 3-4 hours later for additional scanning.</p>
<p>Gastric Emptying Scan:</p> <p>NPO after midnight No medications or cigarettes</p>	<p>Hida Scan:</p> <p>NPO after midnight No medications after midnight</p>
<p>Muga Scan:</p> <p>No Prep</p>	<p>Parathyroid Scan:</p> <p>No Prep</p>
<p>Thyroid Scan:</p> <p>This exam may possibly be a multiple day exam depending on what your referring physician orders.</p> <p>Patient must be off any thyroid medications 2 weeks prior to test.</p> <p>No multi vitamins with iodine for 2 weeks prior to test.</p> <p>No kelp, seaweed, or sushi 2 weeks prior to test.</p> <p>Please bring a list of all medications and dosage amounts.</p>	<p>Renal Scan:</p> <p>Drink 2 cups or more of fluids prior to exam, no other prep, or restrictions.</p>